

MOMENTS OF BEING

Journeys Into Our Lives

THURSDAY, MARCH 24TH
5-6:30 PM

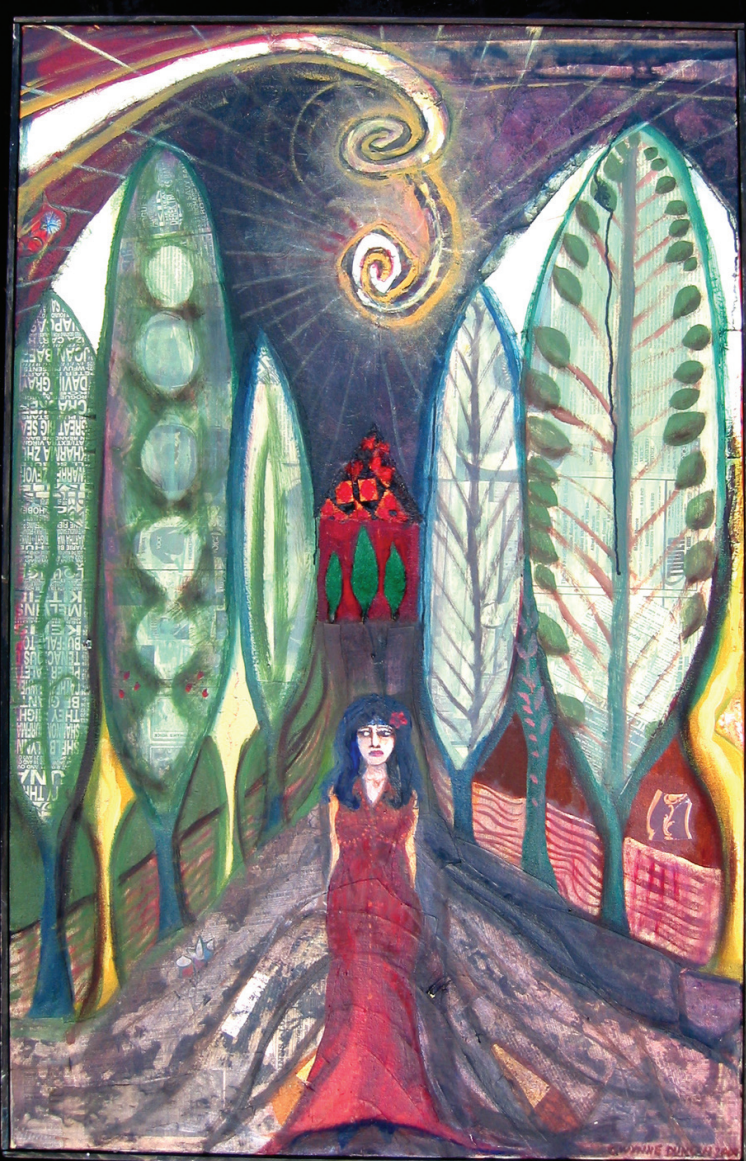
In honor of Women's History Month, Herstory Writers Workshop presents a tapestry of memoirs of women writing across Long Island, incarcerated and free. Meet women who started to write with Herstory in prison, who are now writing their way to freedom, women writing about immigrant rights, and women sharing tales of girlhood and older age in a writing project designed to change hearts and lives.

- Nancy Rich takes us into a moment of watching buttercups from behind her barred window, thinking about freedom and the respect for each living thing.
- Suzy Sonenberg takes us into the time of her adolescence and emerging womanhood in a passionate mother/daughter struggle over eating and image and weight.
- Margarita Espada takes us into a very different mother/daughter moment when she is caught in watching her daughter put herself in danger as she follows Margarita's own call to activism and fighting for human rights.
- Muriel Weyl takes us back and forth in time from her earliest childhood dreaming of futures to her 85th year, in her *Long Song at the End of the Day*, tracing a relationship changed but not diminished by Alzheimer's and the journey into aging.

This program, in partnership with the Islip Arts Council, will take place at the East Islip Public Library at 381 East Main Street, East Islip, in conjunction with a preview of a one-woman photography show by Vanessa Greene at the Islip Art Museum, "Neither Saints nor Sinners," illuminating Herstory's prison project. The show, in the museum's gift shop, will be on view for the entire month of March.

EAST ISLIP PUBLIC LIBRARY
381 East Main Street, East Islip, NY 11735

Herstory
WRITERS WORKSHOP



"Short of air, water and food, I can't think of anything that's more important than being able to tell our stories, to be heard, and to hear the stories of people around us. In some original cultures, a person who is ill is told, 'You've lost your song' or 'You've lost your story.' Your project is helping women and girls toward health and community."

— From Gloria Steinem to Herstory Writers Workshop

Founded in 1996, Herstory Writers Workshop provides opportunities through guided memoir writing that empower women from all walks of life (regardless of age, race, religion, financial status or sexual orientation, whether incarcerated or free) to turn their intimate stories into works of art crafted so that others can hear. Herstory is committed to providing an environment of intensive instruction which, in addition to creating literary works, upholds our values of empathy, inclusiveness, self-guided healing, safety and the search for social change in the expression of voices that historically have been most profoundly silenced.

Herstory Writers Workshop • 2539 Middle Country Road, FL 2, Centereach, NY 11720 • 631-676-7395

www.herstorywriters.org